

```
package main

import (
    "fmt"
    "github.com/gogf/gf/v2/text/regex"
)

func main() {
    match, _ := regex.MatchString(`(\w+).+\-\-\s*(.+)` , `GoFrame is best! -- John`)
    fmt.Printf(`%s says "%s" is the one he loves!` , match[2] , match[1])
}
```

```
John says "GoFrame" is the one he loves!
```